

# 2024 FALL POOL DAY SCHEDULE

## MONDAY

10:45am-11:45am  
Parent and Tot ★  
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12:00pm-1:00pm  
Senior Swim ★  
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1:15pm-2:00pm  
Drop-In Aquafit ★  
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2:15pm-3:15pm  
Lane Swim ★  
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3:30pm-5:30pm  
Free Public  
Swim ★

## TUESDAY

Evening Only  
Session  
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## WEDNESDAY

10:00am-11:00am  
Rehab Swim  
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11:15am-12:15pm  
Parent and Tot ★  
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12:30pm-1:15pm  
Drop-In Aquafit ★  
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1:30pm-2:30pm  
Senior Swim ★  
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## THURSDAY/ FRIDAY

Evening Only  
Session  
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## SATURDAY

8:00am-12:45pm  
Swim Lessons  
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## SUNDAY

8:00am-2:45pm  
Swim Lessons  
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4:00pm-5:30pm  
Public Swim ★  
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★ Indicates a "Drop In" program. Cost is \$5 per person or \$15 per family.

All other programs require registration. To register for an aquatic program visit [www.countyofkings.ca/registration](http://www.countyofkings.ca/registration)